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• description : ( )

• author :

email : dhan@repia.comlastupdate : 2022-09-20

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ThinkPad P15 WSA root/repia

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## **Habit Tracker**

### 2021.10

Todo List(		1	2	3 4	١5	6	7	8	9 1	.0	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
2L (1 )	2021.10.07	7						S																								
(1 )	2021.10.07	7						S																								
30 _ 3 (1 )	2021.10.07	7										S																				

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Front

RSA JSEncrypt

aes 256 (JSP) -> (Java)

CodeMirror,

webpack, npm, react, node.js

SpringBoot

: https://www.hanumoka.net/2018/09/06/spring-20180906-spring-file-upload/

( 1 )

	ISBN			
			2020-08	
			2020-08	
2			2020-08-10 ~	
Deep Learning	979-11-6224-106-6	; ,	2020-08-10 ~	
	978-89-6848-490-2	:	2020-08-04 ~ 2020-08-07	2.0 ,
ATOMIC HABITS ( )	979-11-6254-064-0	:	2020.08.01 ~	
Head First Algebra	978-89-6848-477-3	; ,	2020.07.20 ~ 2020.07.31	,

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2025/12/18 17:19

	ISBN			
979-1	1-6224-188-2		2019.10.07 ~ 2019.11.17	,

		(	)	
07:00	08:30	7,100		01:30
09:20	10:50	7,100		01:30
13:30	15:00	7,100		01:30
16:00	17:30	7,100		01:30
18:20	19:50	7,100		01:30
20:30	22:00	7,100		01:30

( )

		(	)	
07:00	08:30	7,100		01:30
09:00	10:30	7,100		01:30
12:40	14:10	7,100		01:30
16:10	17:40	7,100		01:30
18:20	19:50	7,100		01:30
20:30	22:00	7,100		01:30

BMI 
$$(=kg/m^2)$$
,  $(=BMI*( (m))^2)$   
BMI  $(18.5 \sim 22.9)$ ,  $(90cm$  , L, 32)

				вмі					
2021.08.24	87.8kg					(	,	,	,

Last update:	2022/1	10/11	13:03
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						вмі			
2020.08.15	84.2kg								Oops!
2020.07.18	82.6kg	27.4%	52.6%	57.0kg	2.9kg	28.6		1	83kg
2020.06.29	83.6kg	27.8%	52.5%	57.5kg	2.8kg	28.9	33	+60	84kg ( )
2020.06.16	84.7kg								85kg
2020.06.15	85.4kg	30.4%	50.9%	65.9%	3.1kg	30	28	+46	
2020.06.10	86.5kg	30.0%	51.2%	66.5%	3.2kg	30	27	+41	
2020.06.08	86.2kg	29.8%	51.4%	66.6%	3.2kg	30		+39	
2020.06.03	85.9kg	29.9%	51.3%	66.5%	3.2kg	30		+34	30
2020.06.01	85.8kg	30.6%	50.8%	65.6%	3.2kg	30	20	+32	
2020.05.29	86.7kg	30.7%	50.7%	65.6%	3.2kg	30		+29	
2020.05.25	87.0kg	30.4%	50.9%	66.0%	3.2kg	30		+25	
2020.05.22	87.8kg	30.9%	50.6%	65.5%	3.2kg	30		+22	
2020.05.21	88.0kg	30.0%	50.2%	61.2%	3.1kg	30		+21	
2020.05.01	89.0kg	31.0%	50.1%	58.0%	3.1kg	30	1	+1	

\							
		가					
			,		,		
	1.		oer day				
	2.	per	day ( 10	cm(20m	), 20km(40m))	)	
	3. Le		ay & Lunge, So				
&	MSN						

### Todo List

# Todo List( )

			2020-02-26	<b>≚</b> r_kimmk	jhgong	
),	(Header Label ~	jhgong,	2020-05-29	×	dhan	
H2			2020-02-10	×	kimmk	
Base64		eleven, jskim	2020-05-31	×	dhan	
FileUtils		eleven, jskim	2020-05-31	×	dhan	
StringEscapeUtils			2020-05-31	×	dhan	
Servlet			2020-04-13	×	dhan	
)	~	kimmk,	2021-01-18	×	kimmk	

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# Todo List(

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